Wednesday 11.13

BREAKFAST

Oatmeal V Overnight Oats: Chocolate Fudge V Chocolate Chip Loaf\* Diced Potatoes Pancakes\*
Turkey Sausage Patty Δ
Breakfast Sausage ΔV Hickory Smoked Bacon A

Breakfast Sausage AV

Hard Cooked Eggs A\*

Scrambled Eggs A\*

Scrambled Eggs A\*

Assorted Bagels\* • Doughnuts\*

Yogurt Bar • Omelet Bar Thursday 11.14

Oatmeal V

Overnight Oats: Pumpkin Pie V Monkey Muffins\*

Hickory Smoked Bacon Δ Home Fried Potatoes VΔ

French Toast Sticks\*

Breakfast Sausage ΔV
Hard Cooked Eggs Δ\*

Scrambled Eggs Δ\*

Assorted Bagels • Doughnuts\*

Yogurt Bar • Omelet Bar

Friday 11.15 **BREAKFAST** 

**BREAKFAST** 

**DINING SERVICES** 

AT BRYN MAWR COLLEGE

Oatmeal V Overnight Oats with Dried Fruit\* Lemon Cranberry Muffins Shredded Potatoes AV Chocolate Chip Pancakes' Breakfast Sausage VΔ Pork Sausage Δ Hard Cooked Eggs Δ\* Scrambled Eggs \(\Delta^\*\) Assorted Bagels • Doughnuts'
Yogurt Bar • Omelet Bar

## **BRUNCH**

Oatmeal V Pancakes\* Hard Cooked Eggs Δ\*
Fiesta Scrambled Eggs Δ
Chocolate Chip Loaf\* Buttermilk Biscuits\* Hash Brown Patties Turkey Bacon A Omelet Bar Yogurt Bar Assorted Bagels\* Doughnuts\* Breakfast Sausage VA Pork Sausage Links A Congee AV Crepe Bar

 $\Delta$  = PREPARED WHEAT FREE

MENU MAY BE SUBJECT TO CHANGE

## **BRUNCH**

Oatmeal V French Toast\* Hard Cooked Eggs Δ\*
Scrambled Eggs with Kale & Mozzarella Δ\* Chocolate Chip Muffins\*
Buttermilk Biscuits\* Shredded Potatoes AV Hickory Smoked Bacon A Turkey Sausage 🛆 Congee ΔΫ Omelet • Yogurt Bar Assorted Bagels\*
Doughnuts\*
Sausage Gravy
Breakfast Sausage VA Waffle Bar

#### LUNCH

Scrambled Eggs \( \Delta^\* \)
Assorted Bagels\*

Doughnuts\*

Yogurt Bar

Turkey Noodle Vegetable Soup Butternut Squash Soup \*∆ Peppercorn Parmesan Chicken Sandwich Black Bean Burger \*
Penne with Tomato & Basil V French Fries Steamed Leaf Spinach VA White Beans & Vegetables VA Brown Rice VA Cheese Pizza\* • Alpine Pizza Deli • Salad Bar Kale, Quinoa & Edamame etable Salad ΔV Selection of Cookies\* Strawberry Shortcake Parfait Fresh to Go!

GREEN GODDESS SANDWICH
BROCCOLI SALAD SUPREME

## LUNCH

Hearty Beef Vegetable Soup A Black Bean, Sweet Potato & Quinoa Soup VΔ Chicken Fillet Sandwich Beyond Burger V Lemony Pasta V Grilled Chicken Breast A Fresh Seasoned Broccoli V∆ Braised Black Beans VA Brown Rice Salad with Crunchy Sprouts & Sunflower Seeds V Cheese Pizza \* • Taco Pizza Belgian Endive with Almonds\* Deli Bar • Salad Bar Magic Cookie Bars\* Snickers Parfait\* EASTERN EUROPEAN TURKEY CLUB GERMAN POTATO SALAD

#### LUNCH

Chicken Escarole Soup Autumn Vegetable Soup VΔ Hot Dog Bar Kale Burger V Edamame, Tofu & Fresh Vegetable Stir-Fry VΔ French Fries Crinkle Cut Fresh Sautéed Kale VA Pinto Beans VA Brown Rice VA Cheese Pizza\* Pesto Trapanese Pizza\* Deli Bar • Salad Bar Roasted Balsamic Beet Salad VA Selection of Cookies\* Chocolate Oreo Mousse Parfait\*

JALAPENO BBQ BEEF SANDWICH CREAMY COLE SLAW COOL RANCH DORITOS

## LUNCH

Smoked Gouda Broccoli Soup\* Maryland Crab Soup Δ 'Chipotle Chicken Quesadilla Impossible Italian Sausage with Peppers & Onions V Roasted Red Potatoes VΔ Petite Spring Peas & Brunoise Carrots VΔ Navy Beans VA Brown Rice VΔ Cheese Pizza\* Asian Pizza Deli Bar • Salad Bar Tortellini Salad with Avocado & Feta\* Rocky Road Brownies\* Cannoli Parfait\*

#### DINNER

South Philly Italian Roast Pork Sandwich **Breaded Chicken Sandwich** Sauteed Broccoli Rabe VA Roasted Red Peppers VΔ Fried Long Hot Peppers VΔ Provolone Cheese \*A Roasted Potato, Artichokes, Mushrooms & Olives VA Tomato Caprese Sheet Pan Pasta\* Roasted Italian Vegetables V Marinara VA Pesto Sauce\* Farfalle V Garlic Breadsticks\* Italian Lemon Cream Cake\*

#### DINNER

Brisket with Wild Mushroom Blend Demi-Glaze Pan-Seared Sweet Potato with Tempeh VA Pierogies with Peppers & Onions\* Grilled Chicken Breast Δ Baked Potato VA Candied Carrots VA Fresh Mixed Vegetables VA Beans & Rice VA Marinara VA Bolognese A Farfalle V Dinner Rolls' Sundae Bar

#### DINNER

SUN CHIPS

Tofu Stir Fry VΔ Chicken Teriyaki A Panko Crusted Salmon with tonkatsu White Rice VA Spicy Szechuan Noodles V Roasted Sesame Broccoli VA Sugar Snap Peas VΔ White Beans & Mushrooms ΔV Marinara V Sundried Tomato Sauce A\* Farfalle V Sesame Rolls Dutch Apple Pie\*

## DINNER

Spiced Chicken & Mango Salsa A Cuban Sandwich Grilled Tuna with Mojo A Cuban Black Beans 🗸 🛆 Brown Rice VΔ Fresh Fried Plantains Flame Roasted Mediterranean Vegetables VA Marinara XV Sausage Marinara A Spaghetti V Garlic Breadsticks\* Carrot Cake\*

#### DINNER

Pulled Jackfruit Sandwich with Bourbon BBQ V Pulled Pork Sandwich **BBQ Chicken Thighs** Grilled Chicken Breast Δ Corn on the Cob VΔ Macaroni & Cheese\* Olive Oil Whipped Potatoes VΔ Veg-head Cannellini Beans ΔV Cornbread\* Marinara VΔ Creamy Alfredo Sauce\* Spaghetti V Blueberry Pie V

CAESAR CLUB SANDWICH LEMON ORZO SALAD FRITOS

#### **ERDMAN GALLERY**

**AUTUMN CHICKEN** SPICY PEPPER STEAK CORIANDER CRUSTED TOFU GARLIC RICE & PEAS ROASTED ASPARAGUS with APPLE & ONION V BUFFALO CALULIFLOWER BUFFALO CALULIFLOWER
PIGS IN A BLANKET
BEEF EMPANADAS
MARINARA SAUCE
BOLOGNESE SAUCE
RIGATONI
CHIPOTLE MEATBALLS
ITALIAN STYLE KIDNEY BEANS
GARLIC BREAD STICKS
RUSTIC ROLLS WITH BUTTER\*
MARINATED CHAR-GRILLED
CHICKEN BREAST **CHICKEN BREAST** WHITE RICE V CHOCOLATE MOSAIC CAKE

## LUNCH Beef Stuffed Pepper Soup A

Leek & Lentil Soup VΔ
Buffalo Style Chicken Wings
with Bleu Cheese & Celery Grilled Chicken Breast A Chicken" Nuggets V Rigatoni Ponza\* Friday Fries Fresh Seasoned Vegetables VA Kidney Beans with Herbs VA Brown Rice VA Cheese Pizza\* Focaccia Pizza Caesar Salad Deli Bar • Salad Bar Selection of Cookies\* Brownie Bombe Parfait\* Fresh to Go!
CHICKPEA SALAD SANDWICH
BARLEY CORN SALAD
PRETZELS

# DINNER

Grilled Lemon Chicken with Tomato Fennel Vinaigrette Δ Falafel with Tzatziki V Cod with Peperonata Δ Lentil Rice Pilaf VΔ Grand Atlas Couscous V Broccoli Rabe & Cherry Peppers VA Mediterranean Zucchini VΔ Maple Baked Beans ΔV Pita Bread V Marinara VA Penne Pasta V Red Clam Sauce A

Cheesecake with Toppings