

TRAVEL WITH  
BRYN MAWR

# LAND OF THE ICE BEARS

AN IN-DEPTH EXPLORATION OF ARCTIC SVALBARD

JUNE 10-20, 2023



ABOARD NATIONAL GEOGRAPHIC RESOLUTION



**Travel with confidence.** We encourage you to view the Health & Safety protocols currently in effect. Scan the QR code or visit [bit.ly/3oBKEIQ](https://bit.ly/3oBKEIQ).



## DEAR BRYN MAWR ALUMNAE/I AND FRIENDS,

The Arctic is all about radical simplicity—elemental rock sculpted by millennial forces, the carpeting tundra, the impassive massiveness of tidewater glaciers, and lordly bears stalking the lace-like vastness of the pack ice. Timeless and essential, wild and beautiful, the Arctic is mythic—providing the thrill of pure discovery in pure wildness.

Our voyage aboard the 69-cabin *National Geographic Resolution* delivers the best of the Arctic—featuring the “capital” of Arctic nature: Svalbard. Svalbard is one of the few places on Earth where the polar bear can be reliably found in its natural environment. Spotting a polar bear in the wild, a life-list must for many, is a chance to experience the Arctic on a visceral level.

With years of Arctic exploration, the ship's ace spotters have honed their skills; they know how to find *isbjorn*, the ice bear and the Captain knows how to approach the animals—respectfully—for optimal sightings. They have learned their behavior, understand how they tend to move in the pack ice, and consequently, know where to find them—to deliver the thrill for you.

Clearly, finding and observing polar bears in their wild habitat is the pinnacle experience of exploring the Arctic, but this voyage offers so many other utterly fascinating things—a waterfall gushing from a great glacier terminus, throngs of seabirds, blankets of wildflowers, iconic reindeer and walrus, and the chance of spotting several species of whales.

You'll travel there in safety and comfort aboard an ice-strengthened expedition ship, along with the best ice team in the world. With a range of innovative tools for exploring, including a fleet of Zodiacs and kayaks, *National Geographic Resolution* is the perfect mobile platform for discovering all the fascinating aspects of the Arctic. An onboard team of expert naturalists, undersea specialist, world-class photographer, and a certified photo instructor all help you explore and capture every facet of your journey.

Join us June 10-20, 2023 and experience the joy of observing a beautiful animal secure in its native habitat and the elegiac ache at the prospect of what looms, given the melting ice. **To reserve your space on the Land of the Ice Bears voyage, please return the reservation form or call our group representative at Lindblad Expeditions toll free at 888-773-9007.**

Sincerely,



Millicent Bond

Millicent Bond '05  
Executive Director of  
Constituent Engagement  
Bryn Mawr College

**NOTE: On this voyage, your bar tab and tips to the crew will be included.**

Cover photo: Polar bear on pack ice, Svalbard. © Ralph Lee Hopkins

Left: Guests in a Zodiac approach near a glacier in Spitsbergen. © Michael S. Nolan

Ship's Registry: Bahamas



# THE ARCTIC: NATURE IN ITS PUREST FORM

A mere 600 miles from the North Pole, located in Norway's High Arctic, Svalbard is true wilderness, a pristine blue-white land of towering glaciers, lapidary fjords, teeming bird colonies, huddles of walrus hauled out on pebbled beaches, and reindeer grazing on tundra ablaze with wildflowers.

We explore the Svalbard archipelago to observe one of the most majestic sights on Earth: a polar bear, in its element, ranging over the pack ice, hunting for seals. The ace spotters will do whatever it takes—from manning the spotting scopes round the clock, to disturbing your sleep with a gentle “bear alert”—to make sure you don’t miss the thrill of seeing a lone male, or a mother with cubs, gaze up at you with curiosity and no fear at all. They will also skillfully guide your gaze to the walrus, reindeer, Arctic foxes, whales, gyrfalcons, and 60 species of birds that fill the sea, sky, and land with exuberant life in our splendid season in the Arctic.

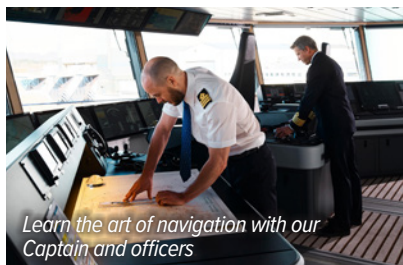


*Clockwise: Polar bear and cubs on the pack ice; Atlantic walrus hauled out on ice floe; glacier terminus, Svalbard; bearded seal; a reindeer lopes along the tundra.*





# THE PERFECT PLATFORM FOR EXPLORING



*Learn the art of navigation with our Captain and officers*

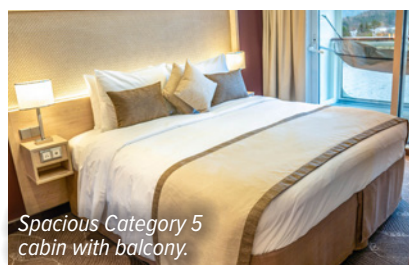
*National Geographic Resolution* is the only expedition ship designed and equipped by individuals with a collective 175 years of expedition experience. Through the ship's agility and the skill of her Captain, you can experience unprecedented encounters with beauty,

wildness, and serenity in the Arctic. *National Geographic Resolution* is the best-equipped expedition ship in the world, featuring exceptional accoutrements that make her an excellent base for exploration. A fleet of MK-5 Zodiacs, the finest expedition landing craft available, and 36 stable sea kayaks allow for up-close discovery, while state-of-the-art undersea video technology offers a unique opportunity to see beneath the ocean's surface while staying dry.

# THE PRIVILEGE OF COMFORT & COMMUNITY

*National Geographic Resolution* provides a welcoming home in the remote Arctic. She is a beautiful ship, built with careful attention to details and comfort. Her 69 cabins, including many with balconies, are well-appointed and relaxing, while her public spaces, with their expansive windows, maintain a dialogue with the sea and the scenery.

And she fosters an intimate, learning-oriented expedition environment. This is not the passive state of cruising; this is active engagement with the environment and its creatures, seeing and then turning to companion experts for answers to questions, or a sense of context—especially valuable in the High Arctic, which plays such a vital role in the climate change discussion.



*Spacious Category 5 cabin with balcony.*

*Opposite (clockwise from top): Guests take in the magnificent scenery from their Upper Deck suite balcony; the mudroom provides ample space to gear up for each day's outing; Zodiac cruise offers eye-level view of glacier; National Geographic Resolution can safely navigate polar passages; kayaking along Svalbard's pristine coast.*





# TRAVEL WITH AN A+ EXPEDITION TEAM

Your expedition leader is an outstanding individual who guides and motivates the team of naturalists, such as marine biologists, geologists, ornithologists, botanists, and undersea specialists, who accompany your voyage. They help you spot polar bears in the vast whiteness of the Arctic pack ice to deliver insightful observations and experience the thrill of genuine discovery. Their commitment and passion engage you, and their extensive knowledge and experience illuminate the facets of all you see and do during your expedition. In addition, a wellness specialist helps you benefit from the tonic of wellness, while a video chronicler records the entire voyage, creating a permanent record.



*Naturalist Dennis Cornejo has worked with Lindblad Expeditions since 1981 and has explored the world's remote corners by foot, by sea, and undersea as a diving professional.*

## PHOTOGRAPH WITH TOP PROS



Whether you think of yourself as a photographer or simply want to capture the moments at the heart of your voyage, you'll take your best photos ever on this voyage. A world-class photographer is on board to provide inspiration and advice gleaned over the course of a

significant career. Plus, a certified photo instructor is at your service to help you understand your camera and its settings, the basics of composition, and how to capture the scenery and wildlife along your journey. And regardless of your skill level, you'll return home a more confident photographer with fantastic photos.

***Dive into the onboard OM System Gear Locker to field test new lenses, camera bodies, and more—free. Plus, ask about pre-voyage discounts and benefits.***



*Opposite (clockwise from top): Guests photographing polar bears; ace spotter scans the ice for bears; naturalists point out wildlife during Zodiac outings; undersea specialist lowers ROV to capture undersea images for playback in the lounge.*

# LAND OF THE ICE BEARS: AN IN-DEPTH EXPLORATION OF ARCTIC SVALBARD

11 DAYS/9 NIGHTS—ABOARD *NATIONAL GEOGRAPHIC RESOLUTION*



*Zodiacs provide the flexibility to land almost anywhere.*

A high Arctic archipelago situated between Norway and the North Pole, Svalbard is a place of deep fjords, snowcapped mountains, massive sheets of ice, and magnificent polar bears. Travel under the midnight sun aboard *National Geographic Resolution* and experience nature in its purest form.

## **DAYS 1 AND 2:** U.S./OSLO, NORWAY

Depart on an overnight flight to Oslo. Upon arrival, check into the Thon Hotel Bristol. Explore this charming city and stroll among the famed Vigeland sculptures—hundreds of life-size human figures set in terraced Frogner Park. Visit the Fram Museum, dedicated to the wooden ship sailed by Norwegian explorers Nansen and Amundsen. (Day 2: B,D)

## **DAY 3:** OSLO/LONGYEARBYEN/EMBARK

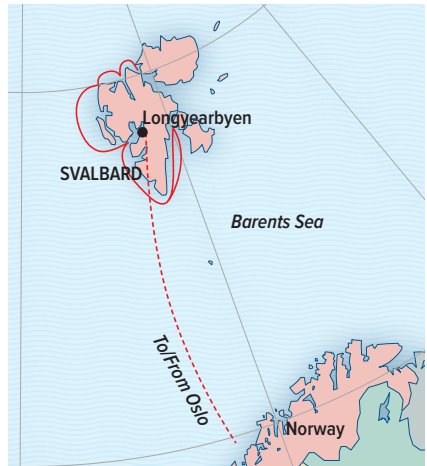
Depart Oslo on a charter flight and enjoy breathtaking vistas en route to Longyearbyen. On arrival, visit the Svalbard Museum to learn about the history of Svalbard, from 17th-century whaling to modern mining, research, and tourism. Then tour the Gallery Svalbard to view the permanent art and cultural collections as well as studios of local artists. Embark *National Geographic Resolution*, your base for the next six days. (B,L,D)



*Reindeer grazing the tundra.*

#### **DAYS 4–9: EXPLORING SVALBARD**

This voyage is undertaken in the spirit of discovery, and our travel in the archipelago is exploratory by design. In a region ruled not by humans but by polar bears, we let nature guide our course. Svalbard lies north of the Arctic Circle, where the summer midnight sun never sets. With a fully stabilized ice-class expedition ship, we are able to probe the ice in search of wildlife. Our exact day-to-day itinerary remains flexible, depending on local ice and weather conditions. Zodiacs and kayaks take us close to experience the region's geologic features and the wildlife that flourishes during the summer months. With a world-class photographer and a seasoned naturalist staff, venture to the foot of vast tidewater glaciers, kayak among sparkling icebergs, and explore fjords that split the coastline. Hike through miniature gardens blooming on the tundra, and search the edge of the pack ice for polar bears, walruses, seals, reindeer, and Arctic foxes. Svalbard is one of the few places on the planet to observe majestic polar bears in their natural habitat. (B,L,D)



#### **DAY 10: LONGYEARBYEN/DISEMBARK/OSLO**

Disembark in Longyearbyen and take a short bus ride to Camp Barentz in the nearby Advent Valley for a taste of Arctic culture. Here, you'll discover a unique collection of buildings including an authentic *gamme*, a traditional round building with an open fire in the center, and a *lavvo*, the traditional tent of the Sami people. Enjoy refreshments and meet some of the friendly sled dogs that reside at camp. Fly back to Oslo and overnight at the SAS Radisson Blu Airport Hotel. (B,L)

#### **DAY 11: OSLO/U.S.**

After breakfast, proceed to the airport for flights home. (B)



*Polar bear in Arctic Svalbard.*



# NATIONAL GEOGRAPHIC RESOLUTION

**CAPACITY:** 126 guests in 69 outside cabins.

**REGISTRY:** Bahamas. **OVERALL LENGTH:** 406 feet.

*National Geographic Resolution* is a next-generation expedition ship, purpose-built for polar navigation. Fully stabilized, highly strengthened, ice-class Polar Code PC5 (Category A) vessel, designed to navigate polar passages year-round, and safely explore uncharted waters, while providing exceptional comfort. The patented X-bow® is key to its design; its powerful wave-slicing action provides an extremely smooth ride even in adverse conditions, and even reduces spray on deck for superior observation. It carries a full suite of expedition tools, and offers a variety of experience enhancing amenities.

**PUBLIC AREAS:** Two restaurants, a chef's table for small group dining, observation lounge with bar, gym, wellness area, infinity-style outdoor hot tubs, library, main lounge with full service bar, 24-hour beverage, state-of-the-art facilities for films, slideshows and presentations, and a photo workshop area; plus, an expedition base with lockers for expedition gear, and an open Bridge for access to our Captain, officers and the art of navigation.

**MEALS:** Two restaurants, featuring local, sustainable choices and unassigned seating for flexible, inclusive dining; plus a Chef's table for intimate, small group dining. Main restaurant has 270° views, and the Observation deck restaurant features lighter, made-to-order fare.

**CABINS:** All cabins face outside with large windows, private bathroom, and climate controls. Cabins are equipped with expedition command centers with iPad tablets, multiple electrical and USB outlets, TVs, with on demand entertainment, phone, Wi-Fi, clock, barometers, hygrometers, vanity mirror, mini refrigerator, small safe, ice bucket, glasses, hair dryer, reading lights, and an atlas. Luxury linens and pillows. Bathrooms are outfitted with Rain showers and hand-held shower, botanically inspired shampoo, conditioner, shower gel and lotion. Complimentary insulated water bottles. Balcony cabins have hammocks, chairs, and a table.

**EXPEDITION TOOLS:** Zodiac landing craft, kayaks, snowshoes, cross-country skis, undersea specialist operating a remotely Operated Vehicle (ROV) and underwater video camera for unique access to polar marine world, hydrophone, aerial remote-controlled camera and video microscope.

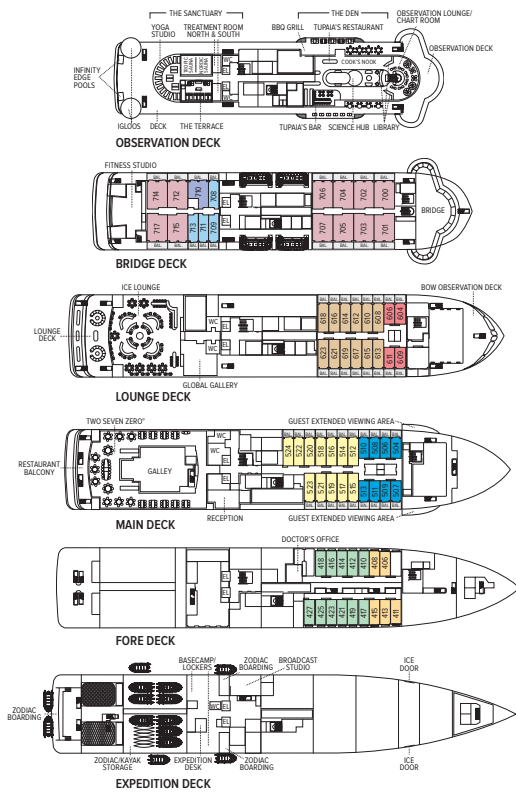
**SPECIAL FEATURES:** A full-time doctor, undersea specialist, world-class photographer, certified photo instructor and video chronicler, an internet cafe and laundry.

**WELLNESS:** The vessel is staffed by our wellness specialists and features a glass-enclosed yoga studio, gym, treatment rooms and spa relax area, and high and low-heat saunas with ocean views.

**SUSTAINABILITY:** Lindblad Expeditions takes responsible, sustainable travel to heart. For over 50 years, our expeditions have inspired travelers to protect the ocean, conserve wildlife, bolster local communities, and enable meaningful scientific research. We are 100% carbon neutral and dedicated to green business practices at every level of our operations. When you travel with us, you'll eat sustainable meals, experience our commitment to single use plastic free travel, and be aboard the industry's first self-disinfecting expedition ships, prioritizing your health and safety. Feel good about exploring with us and preserve the planet for future generations.



*From top: The Ice Lounge is the expedition community hub for recap, presentations and sociability; standard cabin; suite with balcony; artist rendering of expedition Base Camp with lockers for gear.*



COSTS ARE PER PERSON, DOUBLE OCCUPANCY UNLESS INDICATED AS SOLO.

<b>CATEGORY 1:</b>	<b>\$12,350</b>
Fore Deck with two large windows, alcove seating, relax chair #406, 408, 411, 413, 415	
<b>CATEGORY 2:</b>	<b>\$12,750</b>
Fore Deck with two large windows, alcove seating, relax chair #410, 412, 414, 416-419, 421-427	
<b>CATEGORY 3:</b>	<b>\$15,510</b>
Main Deck—Suite with balcony and sofa #512-524	
<b>CATEGORY 4:</b>	<b>\$17,180</b>
Lounge Deck—Suite with balcony and sofa #608, 610, 612, 613-623	
<b>CATEGORY 5:</b>	<b>\$18,900</b>
Bridge Deck—Suite with balcony and sofa #708, 709, 711, 713	
<b>CATEGORY 6:</b>	<b>\$21,910</b>
Bridge Deck—Junior Balcony Suite with large balcony, sofa bed #710	
<b>CATEGORY 7:</b>	<b>\$24,320</b>
Bridge Deck—Large Balcony Suite with large balcony, sofa bed, bathtub, walk-in closet #700-707, 712, 714-717	
<b>CATEGORY A SOLO:</b>	<b>\$19,330</b>
Main Deck—Suite with balcony #504-510, 513	
<b>CATEGORY B SOLO:</b>	<b>\$21,430</b>
Lounge Deck—Suite with balcony #604, 606, 609, 611	

All cabins have: Ability to set up as queen or two singles (except solo cabins, which are set up as one single), command center with docking for multiple devices, atlas, clock, barometer, TV, phone, digital tablet for onboard info, hair dryer, safe, refrigerator.

# INCLUSIVE PRICING

## ABOARD SHIP

- ✓ All meals and alcoholic (except certain super-premium brands) and nonalcoholic beverages
- ✓ 24-hour coffee, tea, and soda and complimentary refillable water bottle
- ✓ Hors d'oeuvres and snacks during lounge Recap
- ✓ Fully stocked library
- ✓ Sauna and fitness center
- ✓ The guidance and company of our expedition staff
- ✓ Crew gratuities
- ✓ Mac computers for downloading your photos
- ✓ Access to the OM System gear locker with the latest gear to try

## ASHORE

- ✓ Two hotel nights in Oslo with breakfasts and one dinner
- ✓ Meals as indicated
- ✓ Special access permits, park fees, port taxes
- ✓ Transfers to and from group flights
- ✓ The expertise of our expedition staff and local guides

## ACTIVITIES

- ✓ All shore activities
- ✓ Zodiac and kayak explorations
- ✓ Lectures and presentations in the lounge
- ✓ Photo instruction
- ✓ Morning stretch class with our wellness specialist

# SPECIAL OFFER

**BRING THE KIDS:** We believe sharing an expedition with your kids or grandkids is a life-enhancing experience. Take \$500 off the double occupancy price for each person under 18.

# TERMS AND CONDITIONS

**EXPEDITION COST INCLUDES:** Accommodations aboard ship; two hotel nights with breakfast in Oslo; all meals and beverages aboard ship, including alcohol (certain premium brands excluded); meals on land as indicated; transfers to/from airport if traveling on group flights; all shore excursions, sightseeing, and entrance fees; use of kayaks; taxes, service charges, and all gratuities; services of the ship physician and our expedition staff. Unused services or items included in this program are non-refundable.

**NOT INCLUDED:** Air transportation including charter flight; meals not indicated; extensions; passport and visa fees; travel protection plan; items of a personal nature such as Wi-Fi, voyage chronicle, laundry, and premium alcoholic beverages.

**SAMPLE AIRFARES:** Round-trip Newark/Oslo: Economy from \$1,180; Business from \$3,960. Charter airfare (round-trip Oslo/Longyearbyen): \$800 per person. Charter flight must be ticketed by Lindblad. Lindblad will assist in making your international air arrangements for a \$50 per person service fee. Fares subject to change.

**RESERVATIONS:** To confirm your place, an advance payment of US\$1,500 per person is payable by check, Visa, MasterCard, American Express, or Discover.

**FINAL PAYMENT:** Due 120 days prior to departure. Lindblad Expeditions reserves the right to cancel your reservation if payment has not been received by final payment due date.

**TRAVEL PROTECTION PLAN:** Because the cancellation policies outlined below are strictly enforced, we strongly recommend that you purchase trip cancellation insurance for your protection. Upon receiving your reservation, Bryn Mawr College will send you information on coverage options.

**ENTRY AND VISA REQUIREMENTS:** Guests are advised to verify travel documents (passport/transit visa/entry visa) for the country through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(s) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country if you are unable to provide valid documents as per the country's requirement.

**SMOKING AND VAPING POLICY:** Allowed only in designated outdoor areas.

**RESPONSIBILITY AND OTHER TERMS & CONDITIONS:** Certain other provisions concerning, among other things, limitations of Lindblad Expeditions' and National Geographic Expeditions' (a division of National Geographic Partners, LLC) liability for loss of property, injury, illness, or death during the voyage will be provided to all guests on the ship's ticket sent prior to departure or upon request. By registering for a trip the guest agrees to all such terms and conditions.

**NOTE:** Itineraries and prices listed in this brochure are as of publication date and are subject to change. Under normal conditions the total expedition price is guaranteed at the time of booking. However, the expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, the right is reserved to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

Photo Credits: Sisse Brimberg & Cotton Coulson, David Cothran, Ralph Lee Hopkins, Michael Luppino, Michael Melford, Michael S. Nolan, Marco Ricca, Shutterstock.

CANCELLATION POLICY	
Number of Days Prior to Expedition Start	Per Person Cancellation Fee
180 or more days	\$750
179-120 days	Advance payment cost
119-90 days	25% of trip cost
89-60 days	50% of trip cost
59-0 days	No refund

*This policy applies to the voyage only. We strongly recommend that you purchase a travel protection plan.*



Please return to:  
Lindblad Expeditions  
96 Morton Street  
New York, NY 10014  
Ph: (888) 773-9007  
Fax: (646) 390-2050  
Email: groups@expeditions.com

## RESERVATION FORM: LAND OF THE ICE BEARS

ABOARD NATIONAL GEOGRAPHIC RESOLUTION | JUNE 10-20, 2023

Please reserve \_\_\_\_\_place(s)

Name 1: \_\_\_\_\_  
*(As it appears on passport)*

Name 1: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
*(Preferred name for name badge)*

Name 2: \_\_\_\_\_  
*(As it appears on passport)*

Name 2: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
*(Preferred name for name badge)*

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Accommodations:  Double  Single  Twin share with a friend

Share with roommate assigned by tour operator

Please indicate choice of cabin category in order of preference:

1st choice: \_\_\_\_\_ 2nd choice: \_\_\_\_\_

**Advance Payment Information:** US\$1,500 per person.

If paying by check, please make payable to: **Lindblad Maritime Enterprises, Ltd.**

Enclosed is my advance payment of \$ \_\_\_\_\_

If paying by credit card, we will contact you to finalize your booking and collect payment information.

## LAND OF THE ICE BEARS

### EXPEDITION HIGHLIGHTS

- » See the very symbol of the Arctic—the polar bear—in its natural habitat, on the sea ice.
- » Take naturalist-led walks and cruise among beautiful icebergs in a Zodiac or a kayak.
- » Experience the legendary midnight sun: the ethereal light of the northern summer.
- » Watch for walruses, bearded and ringed seals, arctic foxes, and reindeer.
- » Enjoy superlative photo ops and onboard photo assistance.

#### **100% CARBON NEUTRAL & SINGLE-USE PLASTIC-FREE**

We have chosen Lindblad Expeditions because they care deeply about the planet and see travel as a powerful force for good.

 Printed on 10% recycled content paper with soy-based inks. We recommend that you pass this along for others to enjoy or recycle.



## TRAVEL WITH BRYN MAWR

Bryn Mawr Alumnae Association  
101 N. Merion Avenue  
Bryn Mawr, PA 19010

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