
Stephanie Rachel Speer,
MSW, LCSW, PhD

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EDUCATION

University of Denver
Graduate School of Social Work
Doctor of Philosophy, 06/2021

University of Denver
Graduate School of Social Work
Master of Social Work, 06/2009
Certificate in Trauma Response and Recovery; High-Risk Youth Focus
Graduated with honors

University of Colorado
Bachelor of Arts, 05/2005
Spanish Language and Literature

RESEARCH INTERESTS

Parent-Child Relationships • Parenting • Psychological Health
Trauma • Power/Privilege/Oppression • Gender Identity • Intersectionality
Health Disparities • Inequity • Intergenerational Transmission • Racism

TEACHING INTERESTS

Cognitive Behavioral Therapies • Power, Privilege, and Oppression
Human Behavior in the Social Environment • Child Development • Trauma and Violence
Evidence for Practice • Policy • Field Practice • Clinical Social Work

FELLOWSHIPS AND FUNDING

Council on Social Work Education Minority Fellowship Program (MFP), Supported by
the Substance Abuse and Mental Health Services Administration (SAMHSA)
Pre-doctoral Fellowship, 2017-2020, \$72,000

Graduate School of Social Work, University of Denver
Summer Mentored Scholarship Award, 2020, \$3,500

Office of Graduate Education, University of Denver
Graduate Education Dissertation Fellowship, 2019-2020, \$2,500

Graduate School of Social Work, University of Denver
Dean's Dissertation Research Stipend, 2019 – 2020, \$18,700

Office of Graduate Studies, University of Denver
Inclusive Excellence Doctoral Fellowship, 2017-2018, \$4,500

Office of Graduate Studies, University of Denver
Inclusive Excellence Doctoral Fellowship, 2016-2017, \$4,500

AWARDS

Council on Social Work Education's Council on Disabilities and Persons with Disabilities, 2016
Council on Disabilities and Persons with Disabilities Manuscript Award

PEER REVIEWED PUBLICATIONS

- Park, I. Y., Bellamy, J. L., **Speer, S. R.**, Kim, J., Kwan, J. Y., Powe, P., Banman, A., Harty, J. S., & Guterman, N. B. (accepted for publication). Actor and partner effects of interparental relationship and co-parenting on parenting stress among fathers and mothers. *Families in Society*. 10443894231207442.
- Kim, J., Kwan, J. Y., **Speer, S. R.**, Park, I. Y., Bellamy, J. L., Banman, A., Harty, J., & Guterman, N. (2023). Parent-worker relationships in home visiting: Intersections of parental gender, ethnicity, and immigration status. *Families in Society*, 104(4), 451-464.
- Park, I. Y., **Speer, S. R.**, Whitfield, D., Kattari, L., Walls, N. E., Christensen, C. (2022). Predictors of bullying, depression, and suicide attempts among youth: The intersection of race/ethnicity by gender identity. *Children and Youth Services Review*, 106536. doi.org/10.1016/j.chilyouth.2022.106536
- Bellamy, J. L., Phillips, J.D., & **Speer, S. R.**, Banman, A., Harty, J. S., Guterman, N. B., & Morales-Mique (in press). Strategies to enhance father engagement in home visiting: Results from a qualitative study of Dads Matter-HV. *Journal of the Society for Social Work and Research*. doi.org/10.1086/720010
- Speer, S. R.**, Atteberry-Ash, B., Kattari, S. K., Kattari, L., Gupta, R., & Walls, N. E. (2022). An intersectional modeling of risk for nonsuicidal self-injury among LGBTQ adolescents. *Journal of Child and Family Studies*, 1-14. doi.org/10.1007/s10826-022-02250-z
- Brisson, D., McCune, S., Wilson, J., **Speer, S. R.**, & McCrae, J. S. (2020). A systematic review of the association between poverty and biomarkers of toxic stress. *Journal of Evidenced-Based Social Work*, 17(6), 696-713.
- Speer, S. R.**, & Atteberry-Ash, B., Kattari, S. K., & Gupta, R. (2020). "What I ended up doing with the feelings was just bottling them up." Qualitatively examining the impact of microaggressions on racial/ethnic minorities. *Perspectives on Social Work Journal*, 15(2), 16-30.
- Atteberry-Ash, B., Kattari, S. K., **Speer, S. R.**, & Kinney, M. K. (2019). School Safety

- Experiences of Young Adults across Sexual Orientation and Gender Identity. *Children and Youth Services Review*, 104. Advance online publication. doi: 10.1016/j.chilyouth.2019.104403
- Atteberry-Ash, B. & **Speer, S. R.**, Kattari, S. K., & Kinney, M. K. (2019). Does it get better? LGBTQ social work students and experiences with harmful discourse. *A Journal of Gay and Lesbian Studies* 31(2), 223-241. doi 10.1080/10538720.2019.1568337
- Klawetter, S., Greenfield, J., **Speer, S. R.**, Brown, K., & Hwang, S. (2019). An integrative review: Maternal engagement in the neonatal intensive care unit and health outcomes for U.S.-born preterm infants. *AIMS Public Health*, 6(2), 160-183. doi: 10.3934/publichealth.2019.2.160
- Walls, N. E., Kattari, S. K., **Speer, S. R.**, & Kinney, M. (2019). Transfeminine spectrum parenting: Evidence from the National Transgender Discrimination Study. *Social Work Research*, svz005, doi: 10.1093/swr/svz005
- Kattari, S. K., Walls, N. E., & **Speer, S. R.** (2017). Differences in experiences of discrimination in accessing social services among transgender and gender non-conforming individuals by (dis)ability. *Journal of Social Work in Disability & Rehabilitation*, 16(2), 116-140. doi:10.1080/1536710x.2017.1299661
- Kattari, S. K., Walls, N. E., **Speer, S. R.**, & Kattari, L. (2016). The relationship between provider inclusivity and the mental health outcomes of transgender and gender variant people in Colorado. *Social Work in Health Care*, 55(8), 625-650. doi: 10.1080/00981389.2016.1193099

PUBLICATIONS UNDER REVIEW

- Speer, S. R.**, Park, I. Y., & Bellamy, J. L. (accepted for submission). Depressive symptomology, paternal parenting stress, and paternal warmth: The role of beliefs in the centrality of the paternal role. *Journal of Family Psychology*.

PUBLICATIONS IN PROGRESS

- Speer, S. R.**, & Tran, M. (in progress). Adverse Childhood Experiences and Paternal Warmth.
- Kim, J., Bellamy, J. L., Park, I. Y., **Speer, S. R.**, Banman, A., Harty, J. S., & Guterman, N. B. (in progress). Assessing father engagement in home visiting services: Measurement invariance between fathers and mothers.

CHAPTERS

- Bellamy, J. L., Hannah, M. D., Phillips, J. D. & **Speer, S. R.** (2020). Multidimensional engagement of families in child welfare. In M. D. Hanna, R. Fong, N. Rolock, & R. McRoy (Eds.). *Introduction to child welfare: Building a culturally responsive, multisystemic, evidenced-based approach*. San Diego, CA: Cognella, Inc.

SELECTED PRESENTATIONS

- Rossbert, L., Wilson, J., **Speer, R.**, & Macur, R. (2023, May). Designing for healing, dignity, and joy: Using trauma-informed design to promote health and well-being. Conference for Supportive Housing. Philadelphia, PA.
- Park, I.Y., **Speer, R.**, Kim, J., Bellamy, J., Kwan, J., Paula, M. P., Banman, A., Guterman, N., Harty, J., & Morales-Mirque, S. (2023, January). Relationships between relationship quality, co-parenting, and parenting stress using actor partner interdependence model. Society for Social Work and Research Conference. Phoenix, AZ.
- Park, I. Y., & **Speer, S. R.** (2022, November). Predictors of bullying, depression, and suicidality among youth: Intersection of race/ethnicity by gender identity. Poster presented at the Council on Social Work Education Annual Program Meeting, Sacramento, CA.
- Bellamy, J. L. (2022, November). Building therapeutic relationships between parents and home visitors from an intersectionality perspective [**Contributor**]. Poster presented at the Council on Social Work Education Annual Program Meeting, Sacramento, CA.
- Kim, J., Bellamy, J. L., Park, I. Y., **Speer, S. R.** (2022, January). Assessing father engagement in home visiting services: Measurement invariance between fathers and mothers. Poster presented at the Society for Social Work Research Annual Conference, Washington, DC.
- Speer, S. R.**, Park, I. Y., Bellamy, J. L., & Kim, J. (2021, November). Relationships between relationship quality, co-parenting, and parenting stress using actor partner interdependence model. Poster presented at the Council on Social Work Education Annual Program Meeting, Orlando, FL.
- Speer, S. R.**, Atteberry-Ash, B., & Walls, N. E. (2020, January). “What I ended up doing with the feelings was just bottling them up.” Qualitatively examining the impact of microaggressions on racial/ethnic minorities. Poster presented at the Society for Social Work Research Annual Conference, Washington, DC.
- Speer, S. R.**, Atteberry-Ash, B., & Kattari, S. K. (2020, January). Examining the impact of bullying on nonsuicidal self-injury among adolescents across gender identity and sexual orientation. Poster presented at the Society for Social Work Research Annual Conference, Washington, DC.
- Speer, S. R.**, Atteberry-Ash, B., & Guz, S. (2019, October). School safety experiences of high school youth across sexual orientation and gender identity. Poster presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.
- Bellamy, J. L., & **Speer, S. R.** (2019, January). Home visitors’ attitudes, expectations, and practice following training in Dads Matter: Results from a qualitative study. Symposium paper presented at the Society for Social Work Research Annual Conference, San Francisco, CA.
- Brisson, D., **Speer, S. R.**, & Wilson, J. (2019, January). A systematic review of the association between toxic stress and poverty. Poster presented at the Society for Social Work Research Annual Conference, San Francisco, CA.

- Speer, S. R., & Phillips, J. D.** (2018, November). Examining the impact of military experiences on parenting behaviors. Paper presented at the Council on Social Work Education Annual Program Meeting, Orlando, FL.
- Brisson, D., **Speer, S. R., & Wilson, J.** (2018, November). Poor health: A systematic review of toxic stress and poverty. Paper presented at the Council on Social Work Education Annual Program Meeting, Orlando, FL.
- Bellamy, J. L., & **Speer, S. R.** (2018, November). Engaging fathers in home visiting using Dads Matter: Results from an RCT. Paper presented at the Council on Social Work Education Annual Program Meeting, Orlando, FL.
- Speer, S. R.** (2017, October). Examining the impact of microaggressions on racial/ethnic minorities through qualitative analysis. Paper presented at the Council on Social Work Education Annual Program Meeting, Dallas, TX.
- Walls, N. E. & **Speer, S. R.** (2017, October). Parenting across the gender spectrum. Paper presented at the Council on Social Work Education Annual Program Meeting, Dallas, TX.
- Kattari, S. K., Walls, N. E., **Speer, S. R., & Kattari, L.** (2017, January). Exploring the relationship between transgender inclusive providers and mental health outcomes among transgender/gender variant people. Paper presented at the Society for Social Work Research Annual Conference, New Orleans, LA.
- Speer, S. R., Kattari, S. K., & Walls, N. E.** (2016, November). Differences in discrimination when accessing social services among trans individuals by (dis)ability. Paper presented at the Council on Social Work Education Annual Program Meeting, Atlanta, GA.
- Kattari, S. K., Walls, N. E., & **Speer, S. R.** (2016, November). Differences in discrimination when accessing social services among trans people with disabilities. Poster presented at American Public Health Association 144th Annual Meeting, Denver, CO.
- Kattari, S. K., Walls, N. E., **Speer, S. R., & Kattari, L.** (2016, October). Exploring the relationship between transgender inclusive providers and mental health outcomes among transgender/gender variant people. Poster presented at American Public Health Association 144th Annual Meeting, Denver, CO.
- Meir, R., **Speer, S. R., Taylor, M., & Garcia, C.** (2013, October). Anxiety and Depression Intervention. Intervention presented at the Collaborative Family Healthcare Association Annual Conference, Denver, CO.

MANUALS

Nurturing Dads and Partners Facilitators Manual (2022). Colorado Fatherhood Project.

COMMUNITY AND RESEARCH REPORTS

Brisson, D., Holtzinger, C., Macur, R., Rossbert, L., **Speer, S. R., & Wilson, J.** (2023). Designing for healing, dignity, and joy: Iterating on the Trauma-Informed Design

Framework (V.2). *Shopworks Architecture, Group 14 Engineering, University of Denver Center for Housing and Homelessness Research, and Bryn Mawr College.*

Bellamy, J. L., & **Speer, S. R.** (2018). *Bright Futures: Community Planning Basic Report.* Denver, CO: Graduate School of Social Work at the University of Denver.

Bellamy, J. L., & **Speer, S. R.** (2018). *San Miguel County: Community Planning Basic Report.* Denver, CO: Graduate School of Social Work at the University of Denver.

Bellamy, J. L., & **Speer, S. R.** (2018). *Morgan County: Community Planning Basic Report.* Denver, CO: Graduate School of Social Work at the University of Denver.

Bellamy, J. L., Phillips, J. D., **Speer, S. R.**, & Thomas, S. (2017). *The Colorado military veteran family study: A survey and interviews of Colorado veteran parents and their partners.* Denver, CO: Graduate School of Social Work at the University of Denver.

RESEARCH EXPERIENCE

Bryn Mawr College, Graduate School of Social Work and Social Research, Bryn Mawr, PA
Principal Investigator, 2021-current

- Secondary data analysis
- Qualitative data collection, transcription, and analysis.
- Quantitative data collection and analysis.
- Manuscript preparation
- Conference preparation and presentation

University of Denver, Graduate School of Social Work, Denver, CO
Research Assistant, 2016 – 2021

Principal Investigator: Jennifer Bellamy, PhD, MSSW

- Project coordinator including training and supervision of staff, recruitment of subjects, and maintenance of community partnerships.
- Qualitative data collection, transcription, and analysis.
- Quantitative data collection and analysis.
- Manuscript preparation.

University of Denver, Graduate School of Social Work, Denver, CO
Research Assistant, 2015 – 2021

Principal Investigator: N. Eugene Walls, PhD, MSSW

- Secondary data analysis
- Manuscript preparation
- Conference preparation and presentation

TEACHING EXPERIENCE

Bryn Mawr College, Graduate School of Social Work and Social Research, Bryn Mawr, PA
Assistant Professor

- Clinical Social Work I, 1 credit, (Fall 2021 online, Fall 2022, Fall 2023)
- Trauma-Informed Social Work, 1 credit (Fall 2021, Fall 2022, Fall 2023)
- Clinical Social Work II, 1 credit (Spring 2022 online, Spring 2023)

- Assessment and Psychopathology Across the Lifespan, 1 credit (Spring 2022)
- Cognitive Behavioral Therapy and Approaches, 1 credit (Summer 2022, Spring, 2023, Summer 2023)

University of Denver, Graduate School of Social Work

Adjunct Professor

- Advanced Standing Seminar, 3 credits, (Summer 2018, Winter 2019 online, Summer 2019, Summer 2020 online)
- Child and Adolescent Development: Building Resilience, 3 credits (Spring 2014, Spring 2015, Summer 2016, Summer 2017)
- Cognitive Behavioral Therapies, 3 credits, (Spring 2019, Spring 2020 online, Fall 2020 online)
- Power, Privilege and Oppression, 3 credits, (Summer 2014, Fall 2014, Winter 2016 online)
- Human Behavior and the Social Environment, 3 credits (Fall 2015, Fall 2018)
- Trauma Response and Recovery, 3 credits (Spring 2016, Spring 2020 online)

University of Denver, Graduate School of Professional Psychology

Adjunct Professor

- Group Interventions, 3 credits, (Spring 2015, Spring 2016, Spring 2017)

SERVICE

Discipline

External Peer Reviewer:

Journal of Adolescent Health (2018 - present)

Family Relations (2020 - present)

Frontiers in Sociology (2022 - present)

College

Faculty Liaison for the Career and Civic Engagement Center (2022-2024)

Gender and Sexuality Studies Steering Committee (2023-2024)

Psychology Faculty Search Committee (Fall 2022)

School of Social Work and Social Research

Curriculum Teaching Group Co-Convener: Clinical Practice and Assessment/Psychopathology (2023-2024)

Curriculum Teaching Group Co-Convener: Trauma-Informed Social Work (2023-2024)

Faculty Search Committee (Fall 2023)

Policy Committee (2022-2024)

Doctoral Committee (2021-2024)

Admissions and Recruitment Committee (2021-2022)

POST-MSW PROFESSIONAL EXPERIENCE

PhoenixRISE and Rachel Speer, LLC, Denver, CO

Psychotherapist

May 2019 – June 2020

- Provide culturally competent individual therapy, family therapy, and couples therapy utilizing various modalities, theories, and interventions with a particular focus on clients struggling with challenges related to lesbian, gay, bisexual, and transgender/gender diverse identities.

Aurora Mental Health Center, Aurora, CO

Program Director, Fostering Healthy Futures Program

May 2015 – August 2016

- Participated in the development of long and short-term goals for the team that were consistent with program and organizational goals.
- Trained and supervised staff to maintain quality within the team, complied with Fostering Healthy Futures model, and encouraged growth and development of staff while instilling awareness of cultural diversity.
- Assisted with the financial planning, budgeting, and forecasting needs of the team. Took corrective action as needed to ensure compliance of established budget.
- Ensured accuracy, quality, and efficiency standards were met with regards to medical record standards and fidelity monitoring.
- Participated in weekly consultation to ensure accurate implementation of Fostering Healthy Futures.
- Facilitated weekly team meetings, group supervision, and didactic trainings.
- Recruited and enrolled youth participants for involvement in the prevention program.

Bilingual School-based Therapist

February 2010 – May 2015

- Provided culturally competent play therapy, individual therapy, family therapy, and couples therapy utilizing various modalities, theories, and interventions within a multidisciplinary team.
- Conducted bio-psychosocial assessments to complete a clinical formulation and identify applicable modalities and interventions for use in the therapeutic relationship.
- Provided supervision to Master's-level students and clinicians.
- Member of El Centro: Spanish-speaking group developed to identify barriers to services for the Spanish-speaking community, implement program changes based on barriers, provide support for bilingual and minority staff, and secure grants to increase culturally competent trainings for staff.
- Provided consultation and training for staff on diversity issues related to the gay, lesbian, bisexual and transgender community, and their intersecting identities.
- Trained staff and public on understanding mental health and first response techniques as a certified Mental Health First Aid Instructor.
- Member of the Disaster Response Team and assisted the community in response to community tragedies and disasters.

Emergency Services

July 2011 – November 2012

- Provided emergency mental health evaluations to adults and children in order to determine appropriate placement for persons who were admitted to the emergency room.

Synergy Outpatient Programs, Denver, CO

Bilingual MST Family Therapist

May 2009 – February 2010

- Provided culturally competent individual therapy, family therapy, and couples therapy utilizing various modalities, theories, and interventions including Multisystemic Therapy.
- Interfaced and developed relationships with various systems such as the Department of Probation, Human Services, and the courts.

Mental Health Center of Denver, Denver, CO

Bilingual Therapist (Intern)

July 2008 – May 2009

- Provided culturally competent case management services as well as play therapy, individual therapy, family therapy, and couples therapy to children and adults utilizing various modalities, theories, and interventions within a multidisciplinary team based on bi- psychosocial assessments completed.

Denver Public Schools; Bryant Webster Dual Language School, Denver, CO

School Social Worker (Intern)

September 2007 – May 2008

- Responded to staff referrals and provided counseling, education, interventions, and other services to students and families to improve the school community, such as facilitation of the *Why Try* and *Second Step* curricula.
- Completed truancy evaluations and participated in the assessment process to determine a student's eligibility for special education services.

COMPUTER APPLICATIONS

SPSS, Stata, Atlas.ti, Dedoose

LANGUAGES

English, Spanish

PROFESSIONAL AND COMMUNITY SERVICE

American Red Cross

Denver, CO

Mental Health Volunteer

2009 – 2021

- Provide emergency response mental health services to those affected by disasters such as the Boulder wildfires and other community tragedies.

TRAINING AND CERTIFICATIONS

Teaching Online Workshop certification

Trained in Eye Movement Desensitization and Reprocessing (EMDR)

Certified as a Mental Health First Aid Instructor

Certified as a Working Minds suicide prevention trainer

Certified as a Behavioral Health Disaster Response trainer

MEMBERSHIPS

Caucus of LGBTQ Faculty and Students in Social Work, 2022 – 2024

[Sexuality | Relationships | Gender] Research Collective, 2021 – 2024

Council on Social Work Education (CSWE), 2017 – 2021

Society for Social Work Research (SSWR), 2017 – 2021

National Association of Social Workers (NASW), 2019 – 2021